



IMA TELlicherry NEWS LETTER – NOVEMBER 2014

ORGANIZATIONAL ACTIVITIES

05.11.2014: Executive Committee Meeting

Executive committee was held at IMA Hall on 05.11.2014. President Dr. Dilnath kallat welcomed the gathering. 35 members attended the meeting.



19.11.14: General Body Meeting

The *General Body Meeting* was held on 19.11.14 at IMA Hall Thalassery at 8.00 pm. Dr. Dilnath presided over the meeting. The meeting was attended by 53 members.



19.11.214: IMA Thalassery honoured our member Dr.P K Sudhakaran for receiving best IMA Family Doctor Award of IMA Kerala State Branch. 53 members attended the function.

Members of Thalassery IMA who were elected as State Office Bearers and Representatives of various schemes were honoured.

30.11.14: IMA District and Branch Office Bearers Meeting of North Zone at Calicut & Literary club Inauguration

Dr. Surendra Babu V P (Joint Secretary North Zone), Dr. Babu Ravindran (IMA Past National Vice President), Dr. Srikumar Vasudevan (IMA Past State President), Dr. Dilnath Kallat (IMA President, Thalassery), Dr. Arunkumar M K (State Committee member), Pradeep Kumar K, (DTF Chairman, Kannur), Dr. Rajeevan V K (Vice President, IMA Thalassery), Dr. Sunilkumar K (SWC Member) attended the meeting held at Calicut.

ATTENDANCE IN STATE CONFERENCE

07.11.2014 to 9.11.14: IMA State Conference

Members of Thalassery IMA attended IMA State Conference "Medicine Millenium' held at Thiruvananthapuram. 40 members including the family members attended the Conference. IMA Thalassery bagged the following awards which were declared at the venue.

Awards:-

- 1.Our member Dr.Sudhakaran P K received the Best Family Doctor Award.
- 2.Presidents Appreciation Award presented to Dr.Sanjeev kumar(Secretary)
- 3.Presidents Appreciation Award presented to Dr.Prashanth M(President)
- 4.IMA Nammude Arogyam Award 2014
- 5.Presidents Appreciation Award presented to Dr.Anoop koshy(DTF Co-ordinator)
- 6.Presidents Appreciation Award presented to Dr.Pradeep kumar(DTF Chairman)
- 7.Third Prize- PP Scheme
- 8.Third Prize-WIMA
- 9.President Appreciation award presented to Dr.Sunilkumar(Dist Representative PEPS)

ACADEMIC ACTIVITIES

CME Programme:

19.11.2014 : A CME was conducted in IMA Thalassery held on 19.11.2014 at IMA Hall. CME on "*Neurological Aspects of Alcohol*" by Dr. Rajeev Nambiar, Consultant Neurologist, Thalassery Co-operative Hospital, "*Phychiatrical aspects of Alcohol*" by Dr.Sajeevkumar P B, Consultant Phychiatrist, Thalassery Co-operative Hospital. The CME was followed by a lively interaction. CME was co-ordinated by Dr. Rajeev Nambiar, Dr. Sudhakaran Komath & Dr. Ajith Kumar K N. The meeting was attended by 53 members.



SOCIAL ACTIVITIES

Medical Checkups & Camps

09.11.2014: IMA Thalassery conducted a medical camp &

awareness class at Kutteripoil by Dr.Madhusoodanan.

16.11.2014: IMA Thlasassery & Souhridavedi Punnol conducted a medical camp at Punnol LP School, Thalassery. Dr.Madhusoodanan examined the patients. The medical camp was attended by 150 patients. Free medicines were dispensed to the patients. Blood sugar detection and Blood Group detection camp was held during the camp.

Health Education

09.11.2014: IMA Thalassery conducted an awareness class at Kutteripoil by Dr.Madhusoodanan.

14.11.2014: IMA Thalassery, Cosmopolitan club Thalassery, Elders forum Thalassery, Senior Chamber Thalassery and Lions Club Thalassery conducted a Diabetes Awareness Class at Cosmopolitan Club Thalassery. Dr.Rajasekharan T S took the class.



14.11.2014: IMA Thalassery & Senior Citizen Forum Thalassery conducted a Diabetes Awareness

class at Sharadha Krishnayar Auditorium, Thalassery. Classes related to Old age and Diabetes was conducted by Dr.Ajithkumar K N.



National Diabetes Control

Programmes Medical Checkup: FBS

& Fasting Serum Cholesterol

Checkup on World Diabetes day conducted at Cosmopolitan Club, Thalassery on 14.11.2014. Around 70 patients were examined.

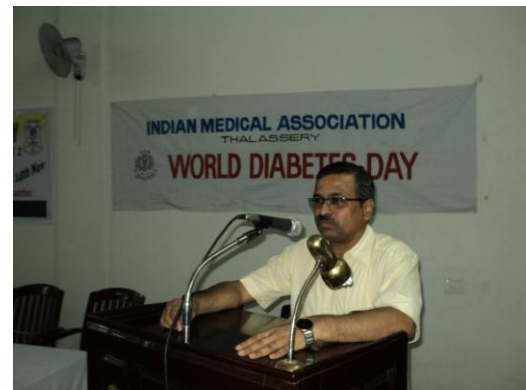
- **World Diabetes Day Walk :** World diabetes day walk in association with St.Josephs Higher Secondary School on 14.11.2014. More than 100 students participated in the rally.



- Diabetic awareness class at Cosmopolitan Club, Thalassery was conducted by IMA Thalassery on 14.11.2014. Dr. Rajasekharan T S coordinated the event.
- Diabetic awareness class at Sharadha Krishnayar Auditorium, Thalassery was conducted by IMA Thalassery on 14.11.2014. Dr. Ajithkumar K N coordinated the event.



Thalassery, Senior Chamber Thalassery and Lions Club Thalassery conducted World Diabetic Day, at Cosmopolitan Club Thalassery. Dr.V K Rajeevan (Vice President) presided and Dr.Babu Ravindran inaugurated the function. Diabetes awareness class conducted by Dr. T S Rajasekharan. Fasting serum cholesterol, fasting blood sugar and post-prandial blood sugar estimation was done during the function. Diabetic Breakfast and Lunch were provided at the venue.



- On the same day IMA Thalassery & Senior Citizen Forum Thalasesery conducted a Diabetes Awareness class at Sharadha Krishnayar Auditorium, Thalassery. Classes related to Old age and Diabetes was conducted by Dr.Ajithkumar K N.

OBSERVATION OF IMPORTANT DAYS

14.11.2014: World Diabetes Day
IMA Thalassery, Cosmopolitan club Thalassery, Elders forum



home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

- **World Diabetes Day Walk :**
World diabetes day walk in association with St. Joseph's Higher Secondary School on 14.11.2014. More than 100 students participated in the rally.



Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as association is benefited.

MISCELLANEOUS

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SPECIAL PROJECTS OF THE BRANCH

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with

Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 2400 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants of various medical camps & functions conducted by IMA Thalassery.

Prize

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Association with other organizations:

14.11.2012: World diabetes day Celebration in association with Cosmopolitan club Thalassery, Elders forum Thalassery, Senior Chamber Thalassery, Senior Citizen Forum and Lions Club Thalassery

18.11.2012: IMA Thalassery conducted an awareness class in association with Souhrida VEDI Punnol at Punnol U P School.

PUBLIC RELATIONS & SOCIAL INVOLVMENT

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